**Contract for Basketball Players and Parents**

I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(name), want to play basketball for the Duarte Boys Basketball team.  In exchange for the privilege of being on the team, I promise to do the following:

**1.   ACADEMICS WILL BE FIRST.**

Your grades and class work come before basketball.  Do your homework when you should.  Directly after school is best. ***Grade Checks will be given every 2 weeks. Poor Grades may result in loss of game privileges.***

 **DO NOT WAIT UNTIL “THE DAY BEFORE” TO DO YOUR HOMEWORK OR STUDYING**.

**2.   ATTENDANCE.  BE ON TIME FOR ALL PRACTICES.**

Be properly dressed with basketball shorts and shoes, no jewelry, cell phones, hair ware, etc.

We are aware that there may be circumstances that arise that cause you to miss a practice; e.g. vacation, illness, etc.  When this occurs, the **player or parent/guardian** will inform their coach in advance when possible.

**BEING GROUNDED BY YOUR PARENTS WILL BE TREATED AS AN UNEXCUSED ABSENCE**.  This type of absence will result in the player losing playing time and/or being dismissed from the team.

**3. ATTITUDE.**

Our goal is to field a team of players that consistently demand more of themselves, than is demanded by the coaches.  Be coachable, hustle, display mental toughness, and be focus on the game.

**WE WILL WORK HARDER THAN ANY OTHER TEAM IN CALIFORNIA.**  We will strive to develop good habits by practicing with good form and appropriate efforts.  These efforts will determine our success during competitive play.

**RESPECT COACHES, TEAMMATES, OPPONENTS AND REFEREES.**Behavior that reflects negativity on players, coaches and referees will not be tolerated, e.g. lack of control or profanity.

**RESPECT CLASSROOM TEACHERS AND ADMINISTRATORS.**  Lack of respect and discipline issues resulting in school consequences, will result in game or team suspensions.

**4.** **AS A TEAM MEMBER, I WILL GO TO THE COACHES/TEAM MEMBER FIRST IF THERE IS A PROBLEM, WHICH IS RELATED TO THE TEAM.**  I will not complain to others, until I have given the person I have a problem with an opportunity to correct it; e.g., a team player or coach.

**ADJUSTMENTS AND SACRIFICES** are necessary to achieve team and individual success.  **EXTRAORDINARY COMMITMENT** on the part of players, their families, and the coaches is important.  In return, we have an opportunity to create a positive experience that will affect our lives forever.

**5. APPEARANCE,** especially when attending team functions, should be neat and well groomed.  Hairstyle should be clean, combed and manageable.  Clothing should fit and be wrinkle free.  ***No extreme styles.***

**APPLY GOOD HEALTHY HABITS.**  This includes 8 hours of sleep when possible.  Eating breakfast, eating healthy foods, abstaining from alcohol, illegal drugs, tobacco, excessive soda pop (12 oz per day maximum, none is better), and drinking at least 8 glasses of water per day.

**As a parent/guardian of the above named player, I promise to do the following:**

**Influence my child to abide by the contract he has signed.  Discuss any issues regarding poor academics, bad attitude with the coach as soon as possible.  Be an example of good sportsmanship at games by making only positive comments about the players, keeping criticism of the officiating to a minimum volume and frequency, and treating the fans of our opponents with respect. Transportation of my child to and from games and practices will be my responsibility, not the coaches or other parents.  Cooperate by helping with fundraising, concession stand duty, videotaping of games or practices, etc.**

**I understand that if I play on this team, I will agree to abide by these expectations described on this sheet.  I promise to return uniforms to the representative of Duarte High Boys Basketball after the season is over.**

***\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

**Player Signature**

**My child has informed me of the required expectations during the basketball season.  I will ensure that these expectations are realized.**

***\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

**Parent/Guardian Signature**